

Network Cancer Committee Annual Report of Prevention Programs and Screening Outcomes

By working together, UF Health Cancer Center and Orlando Health UF Health Cancer Center create a network that provides expanded, integrated cancer care and comprehensive cancer services to residents throughout North and Central Florida. The network benefits from the combined knowledge, experience and expertise of UF Health and Orlando Health researchers, educators, physicians and staff. In the Fall of 2016, the network achieved Commission on Cancer (CoC) three year accreditation with silver-level commendation.

One goal of the network is to reduce the incidence of cancer and the number of cancers diagnosed at later stages through prevention and screening activities that meet the needs of the community. In 2017, the network focused on smoking and tobacco use, which increase risk for lung and head and neck cancers. Though Florida has an overall lower incidence of smoking among adults than the United States, there are many counties in the network's catchment area that exceed smoking rates for Florida and the US, based on the combined community health needs assessments for North Florida and Central Florida. Reported here, are the results of prevention and screening activities completed at network sites, as reported to the Network Cancer Committee in October 2017.

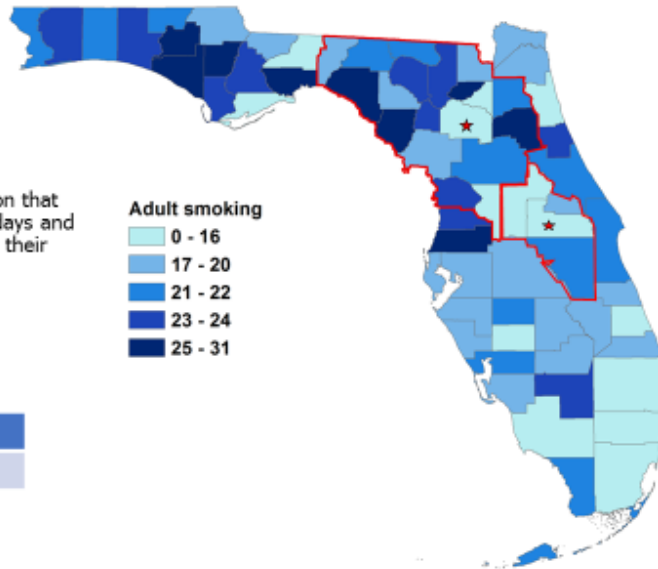
Selected Risk Factors: Catchment Area Relative to State

Adult smoking

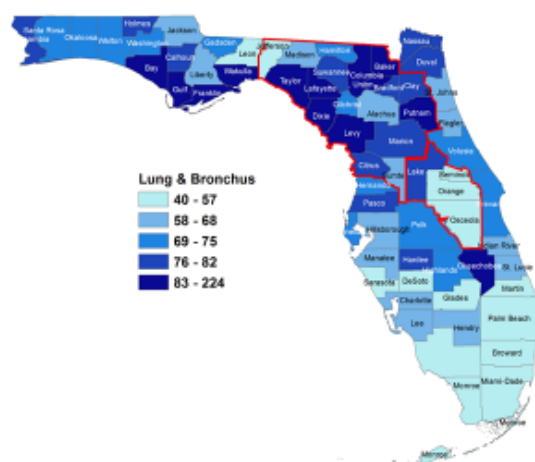
- The percentage of the adult population that currently smokes every day or most days and has smoked at least 100 cigarettes in their lifetime
- Data source: Behavioral Risk Factor Surveillance System (BRFSS)
- Years of data: 2006-2012



FL	US
16%	20%



One of Top Two Cancers Overall: Lung CDC, Cancer Incidence Rate – cases per 100,000 population



Data source: CDC State cancer profile
Age-Adjusted Incidence Rates by Cancer Site (2010-2014)
cancer incidence rates (cases per 100,000 population per year)

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Prevention Programs

Focus on Smoking and Tobacco Use Cessation

- Great American Smokeout
(Alachua County)
 - Provided awareness, education, and prevention in collaboration with the American Cancer Society
 - Quit Kits handed out
 - Lung Cancer Screening Criteria handouts
 - **66 individuals**
 - **33 Quit Kits distributed**
- Quit Your Way – Smoking Cessation
(Orange and Seminole Counties)
 - Provided cessation and prevention in collaboration with the Central Florida Area Health Education Center and Florida Department of Health
 - Free *Tools to Quit* 2-hour programs offered
 - Free *Quit Smoking Now* 5-week programs offered
 - State-wide program survey administered 7 months after program completion
 - **78 participants throughout 5 Orlando Health sites**
 - **Quit rates reported at 32.5% for State of Florida**

Date	Cancer Type	Location	Health Need Barriers and/or Disparities	Activity Title and Description	Collaborative Partner	Number of Participants/ Outcomes	Effectiveness of Activity on Community
Ongoing	Lung	Orlando (Orange & Seminole Counties)	prevention cessation	Quit Your Way <i>Quit Smoking Now Tools to Quit</i>	Central Florida Area Health Education Center & Dept of Health	<ul style="list-style-type: none"> • 78 participants • 5 OH sites participated 	Quit Rate for State of FL is 32.5%*
11/16/2017	Lung	Gainesville (Alachua County)	prevention education awareness	Great American Smokeout	American Cancer Society	<ul style="list-style-type: none"> • TBD participants 	Met attendance and education goals

Both Cancer Centers in the network offer lung cancer screening with a low-dose CT scan as part of their regular cancer screening activities. Since smoking and tobacco use also greatly increase the risk for cancers of the head and neck, the network also offered free head and neck screenings open to the general public.

Screening Programs

Focus on Head & Neck Cancer Screening

- 3 separate screenings held (Gainesville, Orlando, and The Villages)
 - Provided access to care, awareness, education, and prevention in collaboration with the Central Florida Area Health Education Center (for Orlando screenings)
 - Self-screening information
 - Brochures on risk factors, signs, and symptoms
 - Smoking cessation information
 - **416 total participants in attendance**
 - **310 total screenings performed**
 - **22 referred for follow-up in Head & Neck clinics**

Date	Cancer Type	Location	Health Needs Barriers and/or Disparities	Number of Participants	Outcomes
4/7/2017	Head & Neck	Orlando (Orange, Seminole, Lake Counties)	access to care prevention education awareness	<ul style="list-style-type: none"> • Screened 186 participants • 47 referred for further follow up - some overlap for specialists recommended (23 PCP, 6 Derm, 17 ENT, 1 Dental, 33 H&N) 	<ul style="list-style-type: none"> • 13 patients referred back into H&N clinic as new patients • Of those, 6 malignant cases being followed by Nurse Navigator
4/13/2017	Head & Neck	Gainesville (Alachua County)	prevention education awareness	<ul style="list-style-type: none"> • 118 attended seminar • 72 participants screened 	<ul style="list-style-type: none"> • 6 patients referred into H&N clinic for follow-up appointments
4/18/2017	Head & Neck	The Villages (Sumter, Lake, Marion Counties)	prevention education awareness	<ul style="list-style-type: none"> • 112 attended seminar • 52 participants screened 	<ul style="list-style-type: none"> • 3 patients referred into H&N clinic for follow-up appointments

* As of 2015, the Florida Dept of Health (AHEC tobacco funding source) does not require CFAHEC to provide follow up on any participants once the smoking cessation program has ended, therefore they no longer have any data to report on a local basis. The Dept of Health monitors the program quit rate statewide through an outside agency, who then follows up on participants in a randomized process.

AHEC fiscal year (2016-2017) statewide quit rate is determined from a program survey 7 months after a participant has attended a program and includes the question: "Have you used any tobacco in the last 30 days?"

Most updated quit rate is the average of both programs: Tools to Quit (1 time, 2 hours) & Quit Smoking Now (weekly program, 5 sessions).