

Network Cancer Committee Annual Report of Prevention Programs and Screening Outcomes

The UF Health Cancer Network is the Integrated Network Cancer Program comprised of UF Health Cancer Center and Orlando Health UF Health Cancer Center. Together, the Cancer Centers provide expanded, integrated cancer care and comprehensive cancer services to residents throughout North and Central Florida by combining the knowledge, experience and expertise of UF Health and Orlando Health researchers, educators, physicians, and staff. In the Fall of 2019, the network achieved Commission on Cancer (CoC) three-year accreditation with silver-level commendation.

One of the goals of the network is to reduce the incidence of cancer and the number of cancers diagnosed at later stages through prevention and screening activities that meet the needs of the community. Though Florida has an overall lower incidence of smoking among adults than the United States, based on the most recent combined community health needs assessments for North Florida and Central Florida, there are many counties in the network’s catchment area that exceed the rates for Florida and the US. Because of this, the adult smoking rate continues to be the selected risk factor to focus on for prevention programs for 2019. Reported here are the results of prevention and screening program activity completed by the network sites, as reported to the Network Cancer Committee in October 2019.

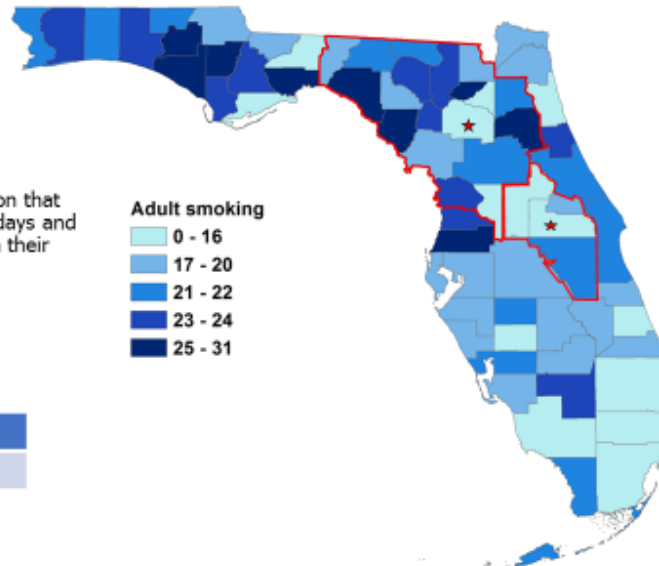
Selected Risk Factors: Catchment Area Relative to State

Adult smoking

- The percentage of the adult population that currently smokes every day or most days and has smoked at least 100 cigarettes in their lifetime
- Data source: Behavioral Risk Factor Surveillance System (BRFSS)
- Years of data: 2006-2012



FL	US
16%	20%



Prevention Programs

Focus on Lung Cancer Prevention/Smoking Cessation

- Great American Smokeout
(Alachua County)
 - Provided awareness, education, and prevention in collaboration with the American Cancer Society
 - Quit Kits handed out
 - Lung Cancer Screening Criteria handouts
 - **308 participants in attendance**

Date Held	Cancer Type	Health needs, barriers and/or disparities addressed	Activity title & description	National Guidelines Used	Info / Materials / Support Provided or used to deliver project info updates and or news to community	Collaborative Partner / Outside Organization	Presenter / Contact Facilitator	Number of Participants / Outcomes	Effectiveness of Activity on Community	Follow-Up needed for improvements in the program Y/N If yes, list corrective actions
10/30/19	Lung	prevention, education, awareness	Great American Smokeout / awareness, art activity, hand out quit kits, screening criteria hand out	NCCN	handouts, social media, press release, internal e-mails	American Cancer Society / AHEC / Clinical Trials Office	lung nurse navigator, Dr. Mehta, Dr. Machuka, Dr. Kaye, Dr. Oduntan	308		continue to expand program and encourage new and different attendees and activities

- Quit Your Way – Smoking Cessation
(Lake, Orange and Seminole Counties)
 - Provided cessation and prevention in collaboration with the Central Florida Area Health Education Center and Florida Department of Health thru Tobacco Free Florida
 - Free *Tools to Quit* 2-hour programs offered
 - Free *Quit Smoking Now* 5-week programs offered
 - State-wide program survey administered 7 months after program completion
 - **97 participants throughout 5 Orlando Health sites**
 - **Quit rates reported at 30.3% for State of Florida***

Date	Cancer Type	Health Need Barriers and/or Disparities	Activity Title Description	National Guidelines Used	Info/Materials/Support Provided or used to Deliver Project Info Updates and/or news to Community	Collaborative Partner/Outside Organization	Presenter/ Contact Facilitator	Number of Participants/ Outcomes	Effectiveness of Activity on Community	Follow Up Needed Improvements in the Program if yes, list corrective actions
Ongoing	Lung	Prevention, Cessation Tobacco	Quit Smoking Cessation Quit Now and Tools To Quit	US Department of Health and Human Services\CDC	pamphlets, flyers, social media, publications, internal communication	Central Florida Area Health Education Center & Dept of Health	Bethany Coz, AHEC/AHEC Instructors	97 (thru Sept 2019 5 OH Locations)	*Per CFAHEC & Dpt Of Health Randomized Quit Rate for State of FL 30.3%	No corrective actions

* As of 2015, the Florida Dept of Health (AHEC tobacco funding source) does not require CFAHEC to provide follow up on any participants once the smoking cessation program has ended, therefore they no longer have any data to report on a local basis. The Dept of Health monitors the program quit rate statewide through an outside agency, who then follows up on participants in a randomized process.

AHEC fiscal year (2017-2018) statewide quit rate is determined from a program survey 7 months after a participant has attended a program and includes the question: "Have you used any tobacco in the last 30 days?"

Most updated quit rate is the average of both programs: Tools to Quit (1 time, 2 hours) & Quit Smoking Now (weekly program, 5 sessions).

Since both Cancer Centers in the network offer lung cancer screening with a low-dose CT scan as part of their regular Thoracic Oncology Clinics, the Cancer Committee opted to focus on those cancers that have higher rates of incidence for later-stage diagnoses, based on the patient population for each site. UF Health focused education and smoking cessation while Orlando Health provided head & neck cancer screening (more than 50% of head & neck cancers are diagnosed with stage IV disease in Orlando).

Screening Programs

- Focus on All Cancers Screening (*Alachua County*)
 - Provided access to care with pre-event health fair where 14 service lines with screening opportunities were featured, awareness and education in collaboration with University of Florida departments of medicine, radiation oncology, surgery and the Clinical Trials Office
 - Self-screening information
 - Brochures on risk factors, signs, and symptoms
 - Lectures on cancer prevention, surgical options, and myths about participating in clinical trials.
 - **total screenings performed**
 - **10 screening appointments for mammography were made**
 - **225 attendees participated**
 - Would like to have more screening appointment options available in future events.
- Focus on Skin Cancer (*Alachua County*)
 - Provided access to care in collaboration with the University of Florida department of dermatology residents and fellow
 - Skin cancer screening provided free of charge
 - Brochures on risk factors, signs, and symptoms
 - **total screenings performed**
 - **30 screenings performed**
 - **7 referred for follow up with a specialist**

Date Held	Cancer Type	Health needs, barriers and/or disparities addressed	Activity title & description	National Guidelines Used	Info / Materials / Support Provided or used to deliver project info updates and or news to community	Collaborative Partner / Outside Organization	Presenter / Contact Facilitator	Number of Participants / Outcomes	Effectiveness of Activity on Community	Follow-Up needed for improvements in the program Y/N if yes, list corrective actions
3/14/19	ALL	Prevention, education, community discussion	Women’s Cancer Wellness Expo	NCCN	handouts, social media, press release, print ads, digital ads, internal e-mails	n/a	Merry Jennifer Markham, MD Karen Daily, DO Mauricio Pipkin, MD Leslie Pettiford	225 attendees	First year event, met goals of attendance	Y – would like to incorporate screenings. Very informative program, take to next level.
7/24/19	Skin	Prevention, education, screening	CHOMP Melanoma screening event	NCCN	Brochures, press release, social media, website	Dept. of Dermatology	Victoria Dukharan	30 patients / 7 referred for additional screening	First year event, met goals	N

- Focus on Head & Neck Cancer Screening
(Orange, Seminole, Lake Counties)
 - Provided access to care, awareness and education in collaboration with the Central Florida Area Health Education Center , the American Cancer Society and the Oral Head & Neck Cancer Alliance
 - Self-screening information
 - Brochures on risk factors, signs, and symptoms
 - Smoking cessation information
 - **total screenings performed**
 - **253 screenings from 2 locations**
 - **37 referred to a specialist for further follow-up**
 - **10 referred for follow-up in Head & Neck clinics**

Date	Cancer Type	Health Need Barriers and/or Disparities	Activity Title Description	National Guidelines Used	Info/Materials/Support Provided or used to Deliver Project Info Updates and/or news to Community	Collaborative Partner/Outside Organization	Presenter/ Contact Facilitator	Number of Participants/ Outcomes	Effectiveness of Activity on Community	Follow Up Needed for Improvements in the Program Y/N if yes, list corrective actions
4/12/2019	Head & Neck	Access to care prevention education awareness	Oral Head & Neck Cancer Screening	NCCN	Brochures: Self screening information, Risk Factors, Signs/Symptoms Quit Smoking Information, Flyers, Social Media, Internal Communication, News	OH UFHCC Head & Neck Clinic, OH UFHCC @ Health Central CFAHEC/Tobacco Free Florida and American Cancer Society	Maggie Boone, RN & Chinsia Francis-Hill, RN Nurse Navigators OH UFHCC Head & Neck Clinic	Screened 253 participants, 171 downtown & 82 Ocoee 6 hour event	Screening effective for the community and will continue annually in both locations	
								37 Referred for further Follow Up 1 Oral Surgeon, 8 Derm, 5 ENT, 27 Dental,		
								10 referred back into H&N Clinic with benign findings, 3 referred to other specialists All were Followed by Nurse		